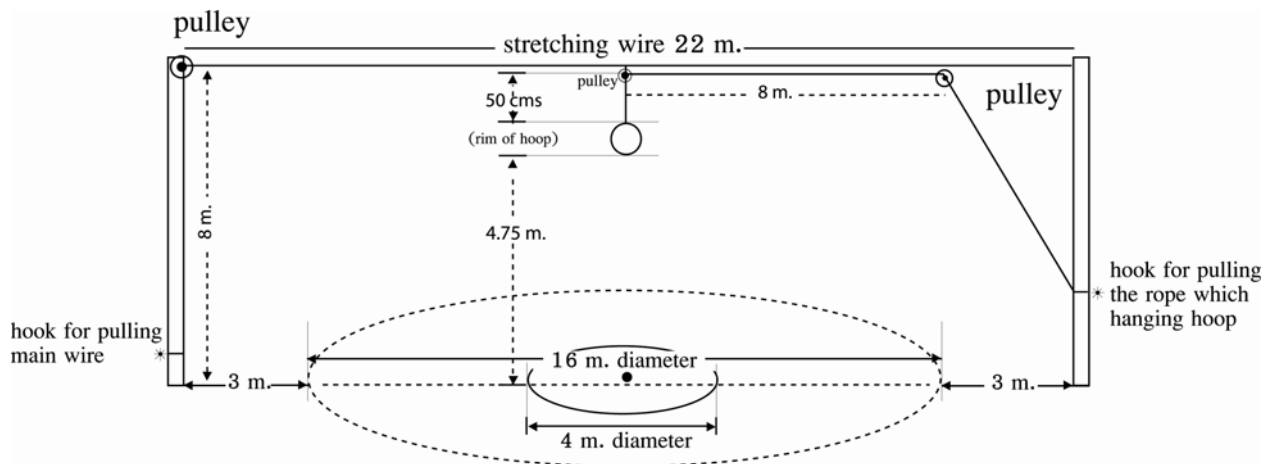




HOOP SEPAKTAKRAW EVENT RULES & REGULATIONS

1. The Court

- 1.1. The court shall be constructed on the flat and smooth surface with one circle of 4 meter diameter with line width of 4 centimetres.
- 1.2. The court must have a minimum clear space from any obstacle 8 meters up from the court surface.
- 1.3. Above the centre point of the circle, there shall be one official Hoop hanging in the air with the rope having a minimum length of 50 centimetres away from the pulley.



2. The Official Hoop

The official Hoop consists of 3 identical hoops with inside diameter of 50 centimetres joining side by side by side to form a triangle. The official hoop shall be made of metal wrapped around with the cushion having the perimeter not more than 10 centimetres. A rope net basket is attached to each hoop. The lowest edge of the official hoop shall be 4.75 metres high from the ground for the men event and 4.50 metres for the women event.



3. The Official Ball

- 3.1. The Sepaktakraw ball shall be spherical in shape, made of synthetic fiber of one woven layer.
- 3.2. The Sepaktakraw ball without synthetic rubber covering must consist of the following characteristics;
 - 3.2.1. Have 12 holes.
 - 3.2.2. Have 20 intersections.
 - 3.2.3. Has a Circumference measuring not less from 0.42m to 0.44m for men and from 0.43m to 0.45m for women.
 - 3.2.4. Has a weight that range from 170 gm to 180 gm for men and from 150 gm to 160 gm for women.
- 3.3. The Sepaktakraw ball can be in plain single colour, multi-colour, and luminous colours, but not in any colour that will impair the performance of the players.
- 3.4. The Sepaktakraw ball can also be constructed of synthetic rubber or soft durable material for covering the ball, for the purpose of softening the impact of the ball on the player's body. The type of material and method used for constructing the ball, or for covering the ball with rubber or soft durable covering must be approved by ISTAF before it can be used for any competition.
- 3.5. All world, international, regional competitions sanctioned by ISTAF, including but not limited to, the Olympic Games, World Games, Commonwealth Games, Asian Game and SEA Games, must be played with ISTAF approved sepaktakraw balls.).

4. The Players

- 4.1. Each team consists of five players with one reserve player. Name lists must be submitted 30 minutes prior to competition schedule.

- 4.2. Only one substitution can be made either from the player Injury or by Technical substitution. The scoring system should count follow by the one who has been substituted.

5. The Players' Attire

- 5.1. The male players shall wear T-shirts, shorts and rubber sole sport shoes. The women players shall wear round neck T-shirt with sleeves, knee level length shorts and rubber sole sport shoes. In case of cold weather, the players are permitted to use tracksuits.
- 5.2. The entire apparel of a player is regarded as part of his body. All jerseys/ T- shirts should be tucked in.
- 5.3. Anything that help to speed the ball or that helps the movement of a player is not allowed.
- 5.4. The captain of each team shall wear an armband on the left arm.

6. Playing The Game

- 6.1. The players stand spread around outside the circle. They can change position among themselves during competition.
- 6.2. Each team shall have 30 minutes playing time.
- 6.3. When referee gives start signal, a player shall throw the ball to opposite player in order to pass the ball until it is successfully passed into the hoop using any allowable style listed under 7.2
- 6.4. While throwing, all players must be outside the circle, then they can move freely anywhere.
- 6.5. The ball is considered not in play when the ball is dropped to the ground or successfully passed into the hoop.
- 6.6. The player who makes the ball out of play is the one who shall throw the ball to continue the game.
- 6.7. The official ball can be changed when the ball is not in play.
- 6.8. While the ball is in play, no player is allowed to catch the official ball with any hands. Players are allowed to catch the balls with any hands only for throwing after the ball is out of play.
- 6.9. The ball can be thrown to continue the game only after the official hoop is raised to specified height

6.10. The ball is considered out of play and needs throwing when

6.10.1. the ball is dropped to the ground

6.10.2. the ball sticks to or passes into the official hoop

6.10.3. the ball touches any obstacles

7. Fault

7.1. The ball touches hand of any player

7.2. when a player plays the ball more than 3 times in succession.

7.3. when a player purposely catches the ball during play

8. Scoring

8.1. The scored shall be awarded the same number of 10 points for each successful passing of the ball into the official hoop regardless of style according to degree of difficulty except:

8.1.1. Using the same style more than three times.

8.1.2. Using the style other than listed under 8.2.

8.1.3. The first pass from throwing.

8.1.4. The ball bounces back off the hoop.

8.1.5. Passing the ball into the hoop after the time is over.

8.2. Rank of style according to increasing degree of difficulty

8.2.1. Head

8.2.2. Inside kick

8.2.3. Shoulder

8.2.4. Knee kick

8.2.5. Outside kick

8.2.6. Cross jump kick

8.2.7. Behind kick

8.2.8. Front kick

8.3. The team with the highest total team score is the winner.

8.4. In case the total scores are equal, the winning team is the team that has higher number of higher degree of difficulties style. Eventually if the numbers of successful passes for each degree of difficulty are still equal, the winner will be decided by tossing one time of the coin/disc.

9. OFFICIALS

For International Tournaments, the game shall be managed by the following officials:

- i) 2 Technical Delegates
- ii) 6 Jury
- iii) 1 Official Referee
- iv) 3 Referees

9.1. Two technical delegates to the Sea Games, Asian Games and World Championships and any other international competitions that are sanctioned by ISTAF. The expenses of the Technical Delegates involving round trip air tickets, accommodations, meals and allowances of US\$75.00 per day shall be paid by the organizing committee. The host country must guarantee proper accreditation for technical delegates who have been appointed. The technical delegates must be allowed to inspect the competition venue, facilities and equipment to insure that they conform to ISTAF regulations

9.2. ISTAF Members Jury of Appeals – 4 members to be appointed to a Jury of Appeal to any ISTAF sanctioned competitions including Asian Games, Sea Games and other International and Continental competitions sanctioned by ISTAF. The host country shall provide accommodations, meals and internal transportation during the competition period. Members of the Jury shall be paid US\$20.00 per day for their services. Two (2) members of the Jury of Appeal are to be appointed by the host country of whom one of them is the technical committee chairman and shall act as the chairman of the Jury of Appeal. As for the other member of the Jury of Appeal from the host country, he will act as secretary without vote.

9.3. International Referees

- 9.3.1. When hosting any Sepaktakraw competition sanctioned by ISTAF including World Championship, SEA & ASIAN Games, Continental & Regional Championships, International Competitions it is incumbent upon the host nation to ensure that at least (2) International Referees approved by the referees committee are in attendance to officiate the tournament.
 - 9.3.2. The Chairman of the referee committee or his representatives shall be appointed by ISTAF to oversee the officiating of ISTAF sanctioned competition. The host shall provide economy the round trip air-tickets, accommodation, meals and internal transportation during the period of competitions and shall pay US\$30.00 per day for their services.
 - 9.3.3. The host nation shall provide economy round trip air-tickets, accommodation, meals and internal transportation during the period of competitions and shall pay the appointed referees a stipend of US\$30.00 per day for their services
- 9.4. Officials in International Tournament shall wear a blazer or blouse the colour of which shall be approved by ISTAF.
 - 9.5. Official Referee is fully responsible to his/her duties and to uphold and protect the Laws of the Game, Tournament Rules and Referee Standing Order. His/Her duty is:
 - 9.5.1. To received the court of play, list of Referees, players and the competition fixtures which must be in accordance to the requirements of equipment and officials as specified by ISTAF from the organizer.
 - 9.5.2. To be present throughout the duration of the competition and to ensure that all Referee/Assistant Referee strictly adhere to the current standing orders in performing their duties and smooth functioning of the game.
 - 9.5.3. Empowered to appoint or replace a Referee/Assistant Referee base on their performances.
 - 9.5.4. An avenue of appeal, which shall lay within the authority of Official Referee with regard to the decision of a

Referee on a question of Law, and in all such cases the decision of the Official Referee, shall be final.

- 9.5.5. To suspend or terminate the game whenever considered necessary for the reason of adverse elements or weather condition, interference by spectators, or any other cause, that he reasonably deems to be necessary for such stoppages.
- 9.6. The Referee shall carry out his/her duties fairly, firmly and he/she should be guided by the Laws of the Game, Tournament Rules and Referee's Standing Order. His/Her authority and the exercise of the powers granted to him/her by the Laws of the Game commences as soon as he/she enters the court of play. He/She is :
 - 9.6.1. To receive the Team/Score sheet from the Official Referee and to announce the name of the Tournament, the regu, match number and the players of the competing teams.
 - 9.6.2. To ensure that players and spectators are kept informed of the progress of the match by announcing loudly and clearly the scores using the proper technical words of the game.
 - 9.6.3. To have discretionary power to stop the game for any infringement of the Laws, to allow for substitution, time out and rest in accordance with the Rules of the Game.
 - 9.6.4. Authorized to make a the decision and shall consult the Assistant Referee if it is necessary in order to justify a decision or probable decision when deciding on contentious issues for any decision on matters base on points of facts provided by the Laws of the Game.
 - 9.6.5. Authorized to send off (red card) any player, officials or spectators who, in his/her opinion, is guilty of violent conduct, serious foul play or who persist in misconduct after received a caution (yellow card).
 - 9.6.6. To return the completed Team/Score sheet and submit a written report to the Official Referee on incidents that occurred during the game.

10. Duties of Referees

- 10.1. There are 3 referees, i.e. scorekeeper, timekeeper, and score controller.

- 10.2. Scorekeeper referee keeps track of running total score, the number of execution of each style by each player.
- 10.3. Timekeeper referee starts the time, keep track of the time and time out, and stops the competition time.
- 10.4. Score controller referee controls the style and keeps the allowable number of execution of each style by each player.
- 10.5. Equipment used:
 - 10.5.1. Scoreboard
 - 10.5.2. Stopwatch
 - 10.5.3. Substitution board

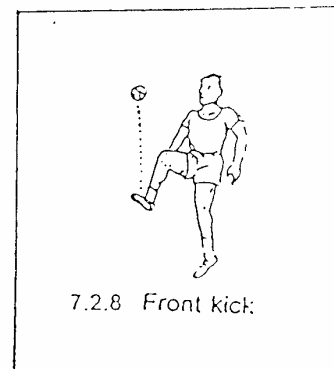
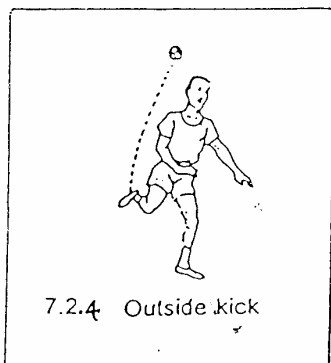
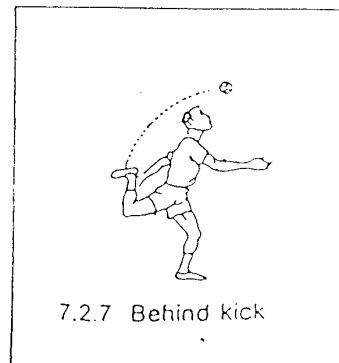
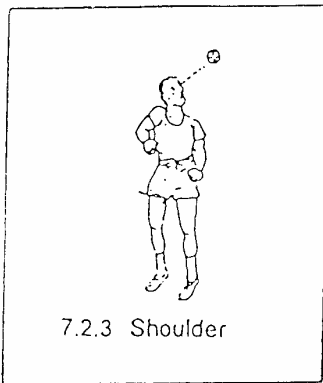
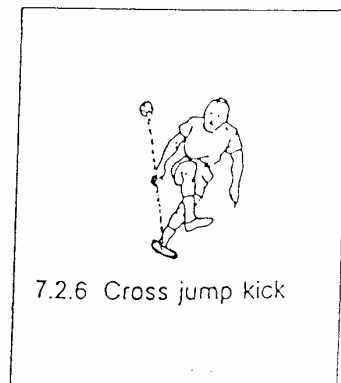
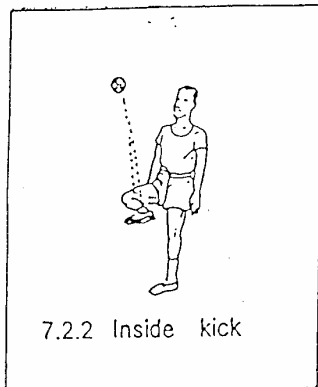
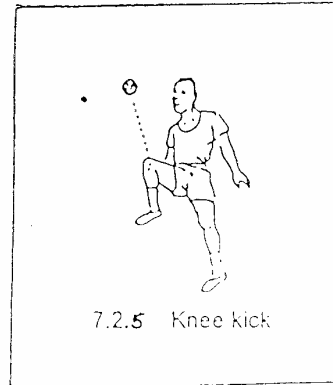
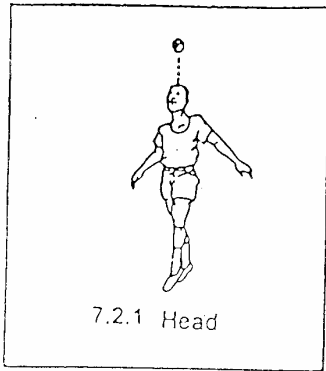
11 Penalty

- 11.1 In case of a player intentionally touched the ball by hand during the ball in play, the umpire will give him a yellow card punishment immediately. If the same player makes the same fault, the umpire will give a red card punishment immediately.
- 11.2 Giving a red card punishment is considered the end of the game on that particular match and no substitution is allowed. The final total score is the score from beginning till the end of the game

12 Conclusion

In the event of any question or matter not expressly explained by the rules of the game, the decision of the Official Referee shall be final.

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As per 11 December 2004, Bangkok